

From the People, For the People



THE Practical

September 2021 Vol 02



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   /kaps3lifesciences

PRASHANT SHAH

CHAIRMAN



Namaste!

Work is worship! And we worship work like we worship our Gods!
And our gods have been kind to us and have taught us the way of a
Practical life!

Let me talk a bit about the launch of **The Practical** now!
We have received many thoughts, feedback and insights from so many
people! Thank you to all the well-wishers and I honestly appreciate you all
for taking the time to actually go through the issue and share your
thoughts!

We will incorporate the feedback and work on making things even more
practical! Our team is really loving all the inputs and we are more excited
than ever to bring new updates.

The festive months are upon us. Let's not be all work and no fun.
Let's have fun while we work, and celebrate work while we celebrate our
religions!

September issue gives some delightful glimpses of our work culture.

I hope you enjoy this month's issue.

Kindly share your valuable insights and let's connect better!

HARSHIT PRASHANT SHAH

MANAGING DIRECTOR



All aboard Practical!

Hello everyone!

We are, **The Practical**, and September is the month of festivities!

It's sometimes difficult to focus on the most important things when you have distractions!

And holidays and festivities can become distractions quite quickly!

At Kaps3, we try to create a balance, and we usually succeed!

We bring in the festive cheer and delight at work and enjoy the celebrations together!

Our work is everything to us, and our team is everything that works together for our success!

So, team play is winning play! Do enjoy the glimpses of us celebrating alongside our team!

With that, let me leave you with this month's issue!

Happy reading!

INSIDE INTERVIEW

DR SUBODH SHAH SIR

B D S

DR PRATIK SHAH SIR

MDS Periodontist & Oral Implantologists

LEGEND MEMBERS



Chandrakant Patel
Campaign Head



Parag Bagadiya
Admin Head



Rakesh Sathwara
New Product Updates Head



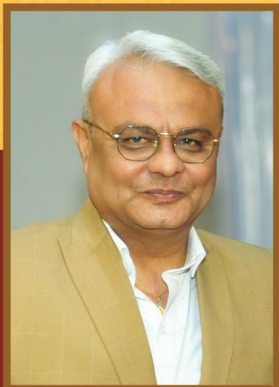
Bhavesh Rafaliya
Digital Media Head



Vipul Manek
Slow Moving & Near Expiry Expert



M A Bharmal
Slow Moving & Near Expiry Expert



Jaimeen Davda
Slow Moving & Near Expiry Expert



Rajiv Shah
Coordinator



Disha Sanghvi
Reporting Head

NEW ARRIVALS



KOF-PLUS



FLUDOL-P



KAPNAC-FORTE DS



GASTOC-ON



KFLOW-OZ PLUS



ATGUT EFFIZ



BRONCONAC-XL



ADD FE-XT



ITROVAAN-TR



SERKAPRIDE-25

FRESH BATCH AVAILABLE

KAPNAC-MR
KAPSOLONE-60
SALVEO CV-325
DUNE-AQ
MUM-C SYRUP
KPLAC DRY SYRUP
METOBAL PLUS SYRUP
FRESHACT-ANO CREAM
VIVROSE-E
XYL-WYL SACHET
TRAGON TAB
GASTOC DSR
VIVPHIL ETC (5LIT)
METOBAL GOLD SYRUP
KPSID-O SUSPENSION
SUHARD CAPSULES
METOBAL 4G CAP
LULFYT CREAM (30G)
LECH 500 TAB
KPZOLE-40
LEXY (200ML)
SINCAL (200ML)
METOBAL 4G CAPSULES
SUHARD CAPSULES
IBUKAP-P (100ML)
KOF-LS
FRESHACT-ANO CREAM
K-CLAV DRY SYRUP
KAPNAC MR
GASTOC -L
KPCEF-500
DABIKAP-110
GESTOLIFE 400 CAP
KAPNAC-MR
KAZOCORT-6 TAB

CURSYA-P TAB
TAZOKA 4.5 INJ
NEUROKAP-75
METOBAL 4G
K-ARTE 60 INJ
METOBAL GOLD INJ
D-COMO SYRUP
MENNY SUSPENSION
GABAPAIN-NT TAB
MAGNI-S 750 INJ
ZINK SYRUP - 100ML
ZINK SYRUP - 70ML
AC BERRY TAB
MX-VITAL PLUS CAP
DABIKAP-110
GASTOC-20
MAGNI-S (1.5GM) INJ
VILDAKAP M 50/1000
VILDAKAP M 50
METOBAL 4G
FRESHACT SUSP - 200ML
KPZOLE-D
XYL-FORTE
MX-VITAL - 200ML
ALCAZAR-B6
ABVERB PLUS
AFOMET G2
K-CLAV DRY SYRUP
TULIREX DROP
GAVIA-T - 100ML
TOURER 4.5
KFLOW-OZ
GABAPAIN-NT
NAHAN COLD
METOBAL-P 75

LAROZOLE 2.5
METOBAL-NP
HITAN-DSR
AFOMET PG2
METOBAL PLUS
KFLOW-OR SUSP
PAPAYAK - 200ML
ITROVAAN-100
FERTIZ-F
IMMUVAAN
MX-VITAL - 200ML
MX-VITAL
MEDICEURON DROP
MUMGEL SUSP
HETAL-D3
MX-VITAL DROPS
K-CLAV DRY SYRUP
FLUVAAN-S KIT
TAZOKA-4.5
KPLAC
NEUROKAP-75
HITAN INJ
MUMGEL-M
AZIVAAN-500LB
CEFOKAP CV 625
LIVELYFT PLUS - 200ML
FRESHACT - 200ML
KOF-LS - 60ML
IBUKAP-P - 60ML
GESTOK-DSR
FALCIKAP-L
FAROKAP-300
KLINCY-300
XYL SYRUP
OPTIKK TAB

BHAVESH RAFALIYA

FIELD EXECUTIVE



Hello friends! I am **Bhavesh Rafaliya**.

I have been in the Pharma Field from **2nd October 2006**. I am looking after St. Morison and Prayas Pharma in the territories of Ankleshwar, Surat, Bharuch & Navsari. The beginning of this journey was very tough for all of us because it was new and we were inexperienced, but as days passed, we got to know more about the products and our organisation. One of the biggest feel-good factors we get is that in Kaps3, Prashant sir & Harshit sir never treat us as an employee, they always treat us as their family members. Whenever we have any problem, we get the best guidance from Prashant sir.

Working with Prashant sir is a very nice and fantastic experience. He is a person with a very positive attitude, very honest and he is always there to support us in all situations whether it is in our favour or not. I have learned many valuable lessons of my life from Prashant Sir and he always motivates us and gives guidance for focusing on our goal and keeps us going in any situation. One of the best things that I have learned is to never compromise towards work. Day by day with more guidance and blessings of Prashant sir we all have grown more in our territory and since 2013 after Harshit Sir, the son of Prashant sir joined the company, there has been constant innovation. Harshit Sir gives amazing guidance on **Modern & Technological points**, he's adapting Kaps3 to evolve with the changing era of the new generation. I started learning about the molecules of the products and newer details by working with Harshit Sir.

Harshit sir is always ready to help the team in any condition, as he always keeps himself updated with the newest technologies, professionally and personally. I have learned many things from him. He always motivates us to learn the pronunciation of product drugs. He keeps our team updated with new technology and marketing skills. He has also offered iPad to all the members of the team for promoting the products in Front of doctors and I think this is one of the biggest helping points for all of us.

I have completed almost 15 years with Kaps3 today, but as every day passes by, working with Prashant sir and Harshit sir helps me to learn new things. In the journey of KAPS3 we have started with few products but with hard work, enthusiasm & with Innovative ideas, today we have more than 900 products and all this credit goes to Harshit sir. And not only **KAPS3** but with other divisions like **VIVAAN, KAPS3 NUTRA and RYSA**, he has expanded his work not only in Gujarat but more cities in India, and across the globe.

HIGHLIGHTS

of the month



Introducing OKD

Ophthalmics KAPS3 Division

OKD
Ophthalmics KAPS3 Division

WIDE RANGE OF EYE CARE PRODUCTS UNDER OPHTHALMICS KAPS3 DIVISION

*We recently launched our
new division for*

UNIQUE EYECARE PREPARATIONS

DR SUBODH SHAH SIR

BDS



Periodontitis (Gum Disease) & Diabetes Mellitus

Periodontitis:

It is a chronic inflammatory disease that is triggered by bacterial microorganisms and involves a severe chronic inflammation that causes the destruction of the tooth-supporting apparatus and can lead to tooth loss. It can also lead to other health problems.

Periodontitis always begins with inflammation of the gums, known as **gingivitis**. This inflammation – usually involving reddened or swollen gums and bleeding when brushing teeth or biting on food.

This inflammation can then spread to below the gums and along the roots of the teeth. This can cause permanent damage to the tissues (or “periodontal ligament”) around the teeth and to the supporting bone. Teeth start to loosen and can eventually be lost.

Diabetes Mellitus:

Diabetes Mellitus is Complex metabolic disorder characterised by chronic hyperglycaemia. Diminished insulin secretion, impaired insulin action or a combination of both result in the inability of glucose to be transported from the bloodstream into the tissues which in turn results in high blood glucose level.

Complications of diabetes mellitus

1. Retinopathy
2. Nephropathy
3. Neuropathy
4. Macrovascular disease
5. Altered wound healing
6. **Periodontal disease**

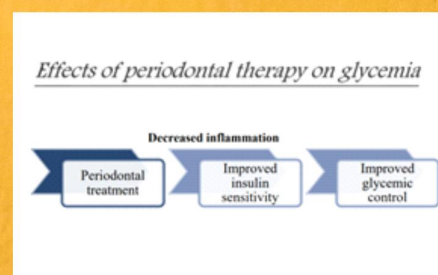
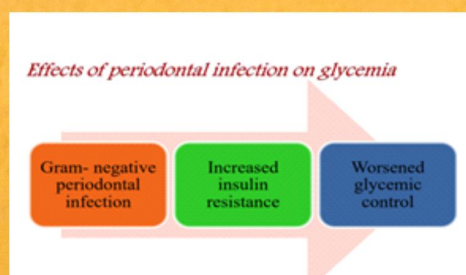
Effects of periodontal infection on glycemia

Bacterial infections decrease insulin-mediated glucose uptake by skeletal muscle and produce whole-body insulin resistance.

Acute endotoxemia and cytokine production, mostly TNF- α and IL-1 β , induce insulin resistance and decreased insulin action.

TNF- α has been suggested as the mediator of insulin resistance in infection by suppressing insulin induced tyrosine phosphorylation of insulin receptor substrate-1 (IRS-1), thus impairing insulin action.

Treatment with scaling & root planning, surgery, selected tooth extraction & systemic antibiotics resulted in decreased insulin demand.

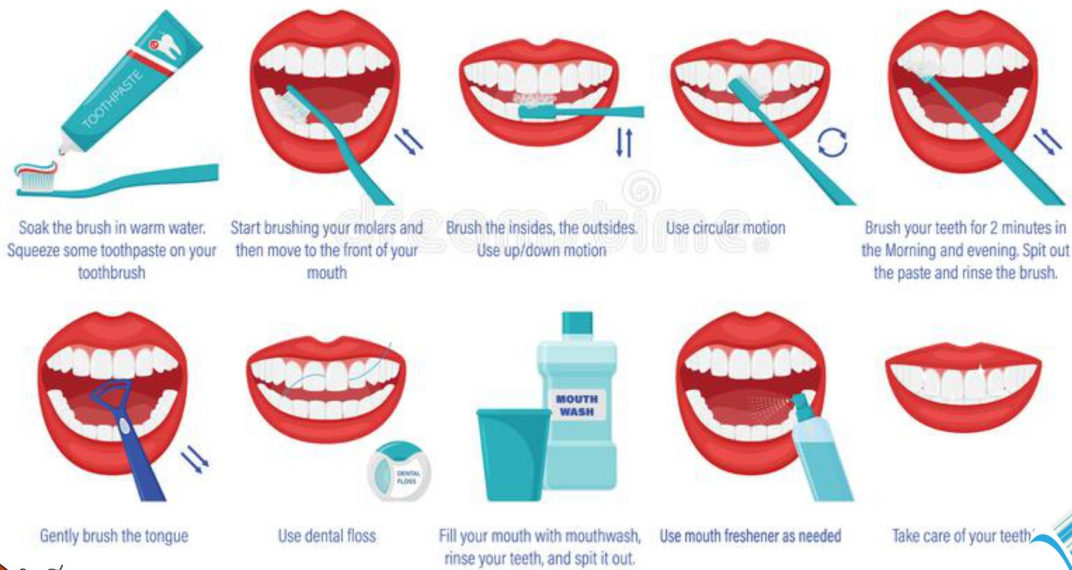


DR PRATIK SHAH SIR

MDS Periodontist & Oral Implantologists



HOW TO BRUSH YOUR TEETH



brush your teeth
everyday



“

See your dentist regularly for prevention and treatment of oral disease.

”

PERIODICITY

What Is Menstruation?

Menstruation is the technical term for getting your period.

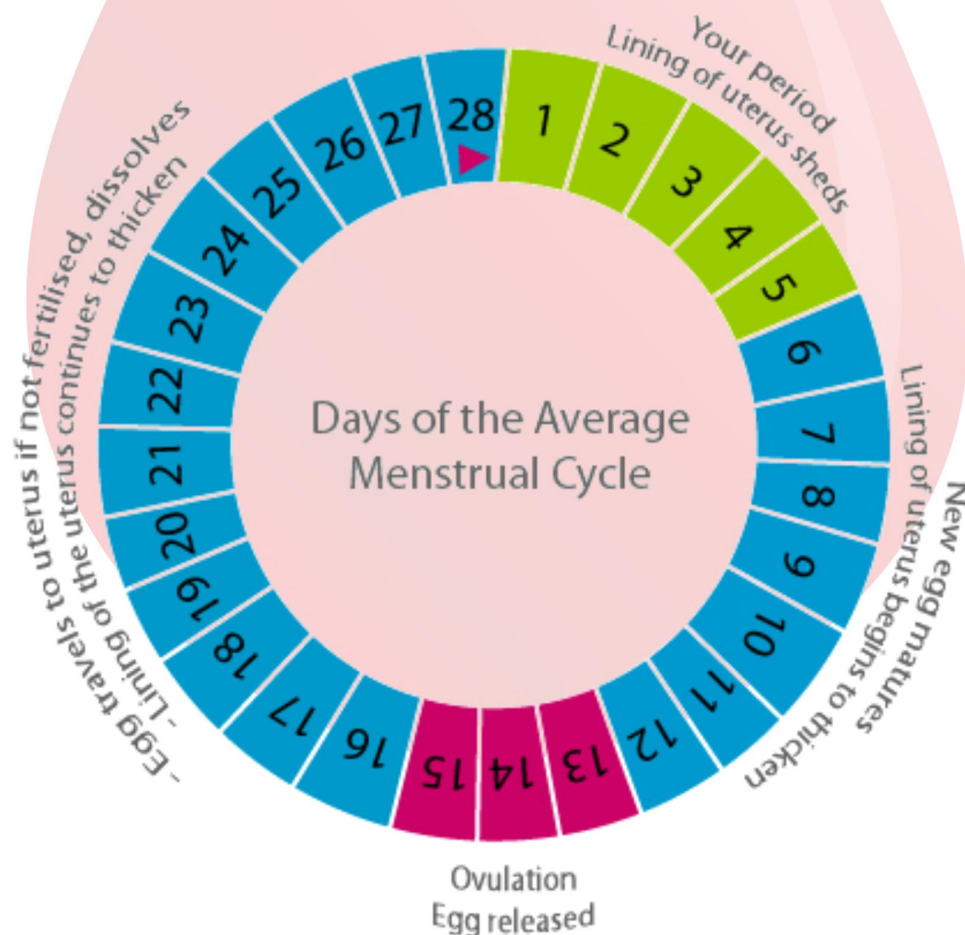
About once a month, females who have gone through puberty will experience menstrual bleeding.

This happens because the lining of the uterus has prepared itself for a possible pregnancy by becoming thicker and richer in blood vessels.

If pregnancy does not occur, this thickened lining is shed, accompanied by bleeding.

Bleeding usually lasts for 3-8 days, for most women, menstruation happens in a fairly regular, predictable pattern.

The length of time from the first day of one period to the first day of the next period normally ranges from 21-35 days.



Cycle Days (Approx)	Events of the menstrual cycle
Days 1-5	<p>The first day of menstrual bleeding is considered Day 1 of the cycle.</p> <p>Your period can last anywhere from 3 to 8 days, but 5 days is average.</p> <p>Bleeding is usually heaviest on the first 2 days.</p>
Days 6-14	<p>Once the bleeding stops, the uterine lining (also called the endometrium) begins to prepare for the possibility of a pregnancy.</p> <p>The uterine lining becomes thicker and enriched in blood and nutrients.</p>
Days 14-25	<p>Somewhere around day 14, an egg is released from one of the ovaries and begins its journey down the fallopian tubes to the uterus.</p> <p>If sperm are present in the fallopian tube at this time, fertilization can occur.</p> <p>In this case the fertilized egg will travel to the uterus and attempt to implant in the uterine wall.</p>
Days 25-28	<p>If the egg was not fertilized or implantation does not occur, hormonal changes signal the uterus to prepare to shed its lining, and the egg breaks down and is shed along with lining.</p> <p>The cycle begins again on Day 1 menstrual bleeding.</p>

A menstrual cycle begins with the first day of your period, or menstruation and starts over again when the next period begins.

Throughout a monthly menstrual cycle, your body makes different amounts of chemicals called hormones to prepare for pregnancy. These changing hormone levels can cause menstrual symptoms.

Menstrual cycles often change as a woman gets older. A normal cycle lasts between 24 and 38 days.

The average age for a girl in INDIA to get her first period is **12**. This does not mean that all girls start at the same age.

PRODUCT

of the month

Trusted & Time Tested Combination

GASTOC-DSR

Rabeprazole Sodium 20mg (EC) & Domperidone 30mg (SR) Capsules

Hyperacidity
Heart Burn
Gastritis
Dyspepsia
Oesophagitis



The treatment of gastroesophageal reflux disease (acid reflux) and Peptic ulcer disease. **Domperidone** is a prokinetic which works on the upper digestive tract to increase the movement of the stomach and intestines, allowing the food to move more easily through the stomach. **Rabeprazole** is a proton pump inhibitor (PPI) which works by reducing the amount of acid in the stomach which helps in the relief of acid-related indigestion and heartburn.



CULTURE & CELEBRATIONS

Janmashtami, Hindu festival celebrating the birth (janma) of the god Krishna on the eighth (ashtami) day of the dark fortnight of the month of Bhadrapada (August–September).

The occasion is observed especially in Mathura and Vrindavan (Brindaban), the scenes of Krishna's childhood and early youth.



“ May Lord Krishna showers all his blessings on you.
May you get lots of happiness in life.

“May Lord Krishna come to your house & take away all your
Makhan- Mishri with all your worries & sorrow” ”

Festivals

Janmashtami Celebrations



Competitions

Janmashtami Celebrations

The Festive season arrived in its full glory and so, the Kaps3 team took some time from the hectic schedules and decided to celebrate the Janmashtami festival. We decided to try and celebrate with some new ways this time by having the team dress up in a traditional attire and a participate in a fun drawing competition.

As it was Janmashtami, we decided to celebrate Lord Krishna's birthday with these new and colorful ideas.

It's like we all became children once again and regained our childhood memories by coloring lord Krishna pictures and enjoying the competition with beautiful gifts and rewards.

The celebrations are never complete without Garba, so along with competitions and gifts we did a few rounds of Garba with a DJ and had so much fun. It was a complete stress buster, and we felt like the festivities and Lord Krishna made us forget all our worries.

It was a day well spent.



Awards & Gifts

Janmashtami Celebrations



MONTHLY RANKING

3372



MR BHAVESH RAFALIYA

1

3259



TEAM RAJKOT

2

1598



MR RAKESH SATHWARA

3

914



MR CHANDRAKANT PATEL

4

835



MR VIMAL JOSHI

5

476



MR I I SHEKH

6

334



MRS HIRALBEN BHATT

7

237



MISS MANISHABEN PATEL

8

223



MR VIDHYUT DAVE

9

178



MR DINESH POPTANI

10

106



MR MAHENDAR SHETH

11

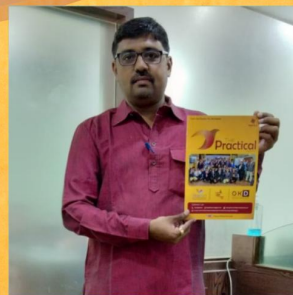
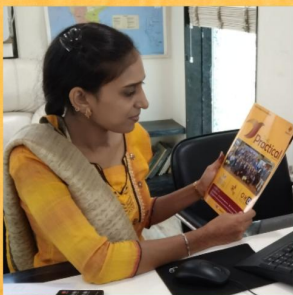
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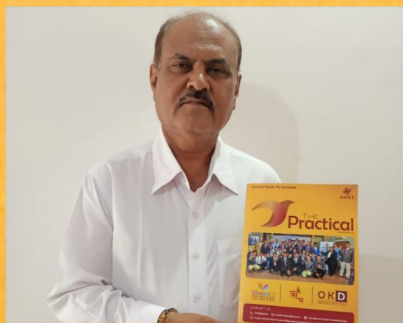
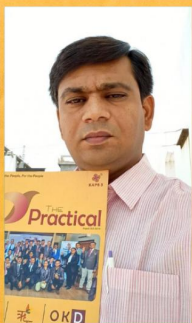
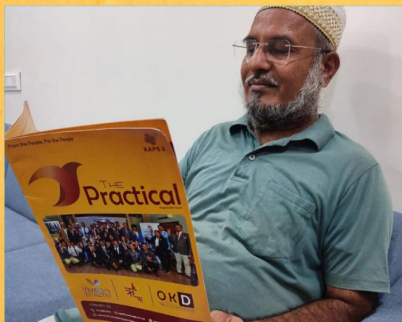
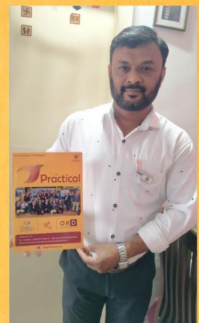
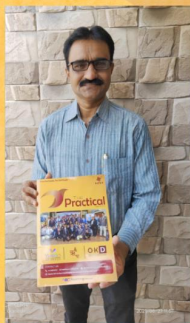
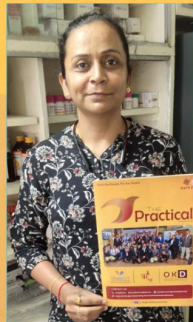
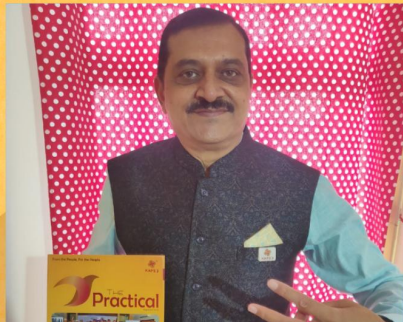
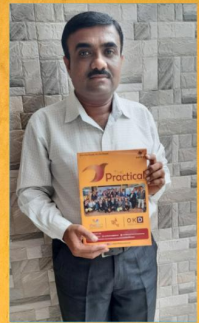
MR BAKUL SOLANKI

12

MONTHLY ACTIVITY



MONTHLY ACTIVITY



MONTHLY ACTIVITY



Innaugration

WE HAVE RECENTLY INNAUGRATE OUR NEW BUILDING AT HUBLI REGION, KARNATAKA

MONTHLY ACTIVITY



MONTHLY ADVERTISEMENTS

From the People. For the People...

More than 20 Unique Products
Best Quality Mouth Dissolving Tablets with Most Compact Size

Etokap-90 Etoricoxib 90 mg Tablets	Famish Cisindium Bromide 2.5 mg Chondroepoxide 5 mg Dicyclomine 10 mg
GAVIA-T Codeine Phosphate & Triprolidine Hydrochloride Syrup	KPSID-D Magaldrate 480mg Simethicone 20 mg Domperidone 10 mg / 5ml (sugar Free)
Tazoka-4.5 gm Piperacillin 4 gm Tazobactam 500 mg	UGENIA Paracetamol 1000 mg / 100 ml Infusion

WE HAVE MULTISPECIALITY DEVISIONS LIKE

Vivaan SKINCARE **HERBALCARE AYURVEDIC DIVISION**

IN HOUSE MANUFACTURING

KAPS 3 NUTRA

KAPS 3
LIFE SCIENCES PVT LTD
(An ISO 9001:2015 Certified Unit)

Head Office : Shop No. 2, Surve No. 2/5778 & 77 of 12/5778, Opp. Alankar Road, Surendranagar - 363 002 (Gujarat)

QUARTERLY **DRUG UPDATE** ₹ 250/-
Prescribers Ready Reference Book

- Renal Impairment (Cause, Usage of Drugs, Safety Index)
- Vitamin D Deficiency

DRUG UPDATE

DAWA CHARCHA

More than 20 Unique Products
Best Quality Mouth Dissolving Tablets with Most Compact Size

Etokap-90 Etoricoxib 90 mg Tablets	Famish Cisindium Bromide 2.5 mg Chondroepoxide 5 mg Dicyclomine 10 mg
GAVIA-T Codeine Phosphate & Triprolidine Hydrochloride Syrup	KPSID-D Magaldrate 480mg Simethicone 20 mg Domperidone 10 mg / 5ml (sugar Free)
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NAV KAR **दवा चर्चा** **ARIO**

NAV KAR LIFE SCIENCES

दवा चर्चा

NAV KAR LIFE SCIENCES

दवा चर्चा

ARIO

infinite seascape, the village seemed compact and claustrophobes crowded close together in the one small corner. Basket that faced the mainland and offered shelter. They were pragmatic people. In the years after they returned in *naavhoga* to strip their former coors, roof beams and slates, and anything else that useful in their new lives.

of the village, way above, was the two-storey house. Sayers had lived. It had been modern and strong the winds had punctured the slate roof and blown down. In the seventies it was bought by a rich and pilot from Alabama called Taylor Collings, who Great Basket on holiday and fell in love with it. h an ambition to rebuild the village as a holiday called on exiled islanders and bought their plots. ly. After all, who could expect big money for a use on an inaccessible island? One man sold for a randy, or so the rumour went. C was larger ad the people d sorry when h e time anyone s in the mid-e Journal offer at was the st een a company lings's share o at time by C which wanted efore the Super e season, and e island being

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Greetings



Vishwa Sathwara
15 August



Maharanshi Dave
17 August



Shubham Ozha
17 August



Dimple Gosaliya
13 August



Kavyam Joshi
03 September



Prakruti Rathod
10 September

